

HYDRATATION QUOTIDIENNE

LEVER 

 COUCHER

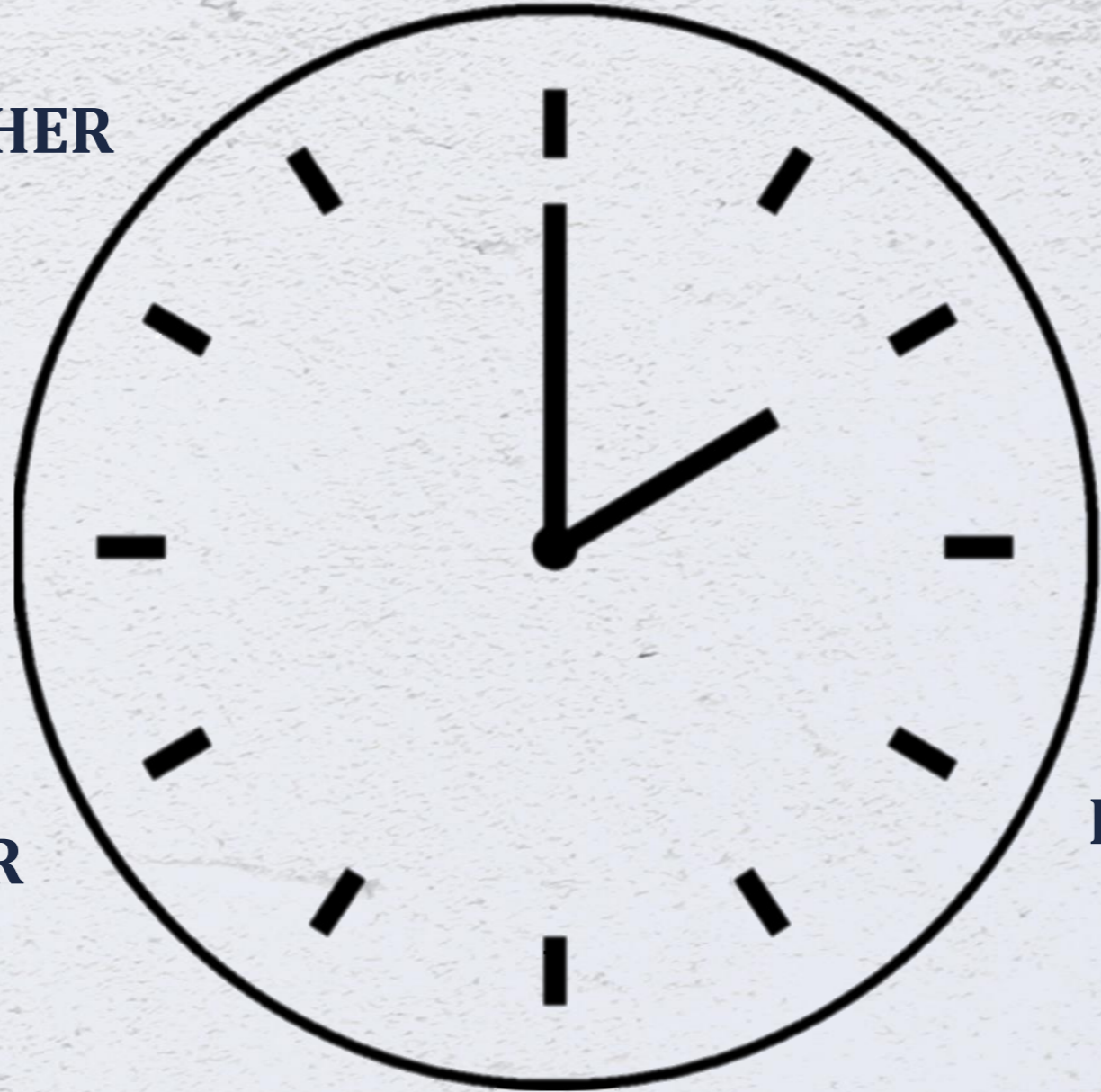
 ENTRAINEMENT

MATIN 

 DINER

DEJEUNER 

APRES-MIDI 



NANTES
METROPOLE FUTSAL